

your menu

CHEF
Anthony Primera

5 September

Breakfast:

Wheat pancakes, blueberry compote,
turkey bacon

Lunch:

Chicken teriyaki, brown rice, charred
broccoli, red bell pepper, soy sauce
reduction, lime zest

Dinner:

Surf & Turf, filet mignon, lobster tail,
rosemary fingerlings, honey glazed carrots



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V - vegetarian, VG - **vegan**,
GF - gluten free, DF - dairy free

your menu

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Anthony Primera

6 September

Breakfast:

Overnight oats, walnuts, granola,
blackberries

Lunch:

Organic greens salad, red grapes, sliced
honey crisp apples, sesame apple cider
vinaigrette

Dinner:

Chicken au jus, asparagus, parsnip purée



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7 September

Breakfast:

Egg white omelette, wild mushroom,
arugula

Lunch:

Sesame crusted seared tuna, edamame

Dinner:

Duck breast, sweet potato purée,
pomegranate reduction



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8 September

Breakfast:

Egg white quiche

Lunch:

Traditional pad thai, chicken breast

Dinner:

Lightly charred halibut, bok choy, fish
consommé



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